

tsdc

From: tsdc [tsdc@wlink.com.np]
To: 'a.j.nepal@hetnet.nl'
Subject: final rep07
Attachments: final report 07_vera1.doc

Dear Jack & Anna

Namaste from TSDCBD, Nepal.

Herewith we are sending the final Report 2007 of Vera Health Unit. Hard copy with CD+photoes sent by post.

In January to June 2008 session, centre's students had doctor's check up. Among the total student, seventeen student need physiotherapy, treatment and asst. devices, two students need major operation and twelve students need treatment with eye glass. In this year, we also include the treatment cost of deaf students. Three deaf students will need ear treatment and hear phones.

This time I was so busy with few things after my visits from Japan & USA. In Jan08 visit from Dark & light -> In Feb08 the marriage of P1(It was in short time) -> In 1st week of march08, NL television crew member came to make documentary Film of TSDCBD, Nepal. There for it take few more time to send to you final report of 2007. Hope soon, in Few days you will see the documentary film in four parts (12 minutes/each)

I had send you a photo of P1 in CD

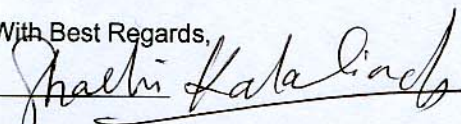
Hope you will visit this year in TSDCBD.

Rest is okay here.

Please give your conformation about 2008, so we can go through for the treatments.

Thanking you for your kind cooperation.

With Best Regards,


Shashi Kala Singh

TSDCBD

Final Report 2007

To

Vera Foundation,

the Netherlands



Technical & Skill Development Centre for Blind & Disabled
Nagaun, Kirtipur, Kathmandu
Nepal



Health Unit



Doctor checkup



Sita Maya Banjul:- Polio patient. She got muscle Strengthening Exercise, Balance exercise, stretching exercise. TSDCBD gave M.AFO (Ankle foot orthosis). Now she can walk normally with the help of M.AFO.



Sita Chhetri (poliomyelitis) she got KAFO(Caliper), which equilized her legs & could walk easily.



Asha Kumar Tamang (PBC (Lt)Below knee amputation): TSDCBD gave him Prosthesis (Artificial leg)



Man Raj Taman:

He had Birth club foot. He had leg operation with the help of TSDCBD. Now he is using plaster for correction and doing physiotherapy regularly.



Technical and Skill Development Centre for Blind & Disabled

Final report (2007)

TSDCBD is one of the leading non-profit organizations in Nepal with the mission to improve the living standards of blind and disabled people in Nepal and promote integration which is located at Nagaun, Kirtipur, and Kathmandu.

TSDCBD is registered in Nepal Government (Reg. No. 295/2047), affiliation with Social welfare council (Reg. 338/2047) and Registered in PAN No.301905406.

Objectives

Short term objectives are:

- ✚ Provide vocational training.
- ✚ Integration of the blind and disabled in Nepali society.
- ✚ Eliminate superstition, such as blindness & disability being a curse of God.
- ✚ Demonstrate that the blind and disabled are capable workers.
- ✚ Boost the morale of the blind & disabled by giving them training and help them to find suitable jobs.

Long term objectives are:

- ✚ Extend the training programs of the institution.
- ✚ Obtain data on the social conditions in which the blind and disabled live in Nepal.
- ✚ Set up programs to gain and spread knowledge about blindness and disability. Share information with other NGO's.
- ✚ Generate awareness to eradicate the hatred and negligence shown towards the blind & disabled.
- ✚ Organizes seminars on educational, social, sports and cultural issues for the development of the blind & disabled.
- ✚ Exchange information and experience between domestic and international organizations.
- ✚ Creation of income generating activities for TSDCBD, so that we can be financially independent.

TSDCBD conduct nine different courses and other supportive activities. Every six months a new group of students follow a maximum of three subjects. After completed the trainings, students able to start their job and own business work. The trainings are very practical and after 6 months they will have sufficient skills to work independently. Braille, sign-language are also available for

students. Furthermore we provide medical services, such as surgery, physiotherapy and medication to our students.

After completion of the courses students receive a certificate which explains their technical skills to the job market.

Application procedure: - Many students from different part of country participated in selection process. Centre's targets Blind, Physical Disabled, Deaf, Slow Learner and Disadvantage people. We select students as per stated targets number in project application. In this regard, sometime we got trouble like many more applicants in some training for example this happened in Music Training. In this situation, more students want to get training, which is out of limit as we have limit equipments. In this case we advised to students to select other training programs. We adjusted internally as per our projects. But some time as per students demand we increased the number of students in certain training then stated targets in project proposal 2007. We succeed to collect the number of students for all part of Nepal from very far western region to remote eastern regions.

Donors: - TSDCBD's principal Donor Organization; **Dark & Light Blind Care Foundation**, the Netherlands help financial support to Centre in Computer, Office Management, English Language, Chalk & Candle Making, Art and Clay work, Knitting, Evaluation of centre and Management Expenses. Instead of this, Dark & Light also provide very useful suggestion in financial and activities implementation matter.

TSDCBD's other Donor Organization is **Light for World, Austria**, which help financial support in Weaving Training, Early Intervention Course and Internship Occupation Rehabilitation and partial contribution in management expenses. We are very thankful to Dark and Light Blind Care Foundation, the Netherlands and Light for World, Austria.

Vera Foundation, the Netherlands provided financial support in **Centre's Medical Care Unit**.

Similarly **Lilliyane Foundation**, the Netherlands, supported 8 students' education and rehabilitation project. We provide yearly progress and financial report to them.

Medical care program

In medical care program we try to eliminate preventable disabilities. The students who start our program will be screened on their disability. When they need, they will get one or more operations, physiotherapy and other necessary medical care.

In this year, total 109 students benefitted from this project. Among them 26 are visually impaired got eye excreces and eye glasses. Two students had major leg operation. After operation, they got artificial leg.

Results:

S.N.	Name of Students	Diagnosis	Before Physiotherapy	After Physiotherapy	Training Completed
1	Sita Maya Bonjun	PPS (Rt) leg	Sita Maya is a 20 years old female from Makwanpur district. She had a weakness on (Rt) leg due to Poliomyelities. Her (Rt) leg became slowly athorpy. She had deformity on right ankle; right leg shorter than left, tightness on right ankle joint & she can't walk properly.	She had performed muscle Strengthening Exercise, Balance exercise, and stretching exercise. She was trained how to walk properly. By performing all these exercise she had improved muscle power & improved walking. Now she can walk properly with the help of M.AFO.(Ankle foot orthosis) .	1. Knitting 2. Vocal Music 3. Chalk Candle
2	Subash Khadka	PPS on whole body	Subash is a 24 years who has weakness of whole body due to high grade fever at the age of 3. He was not able to hold any things. Both legs were athorpy, right leg is shorter than left leg, He had tightness in shoulder & ankle joint & he can't walk properly.	With 6 months of physiotherapy, helped improved muscle strength, decrease deformity & tightness. He was able to hole the objects & able to walk properly.	1. Instrument Music 2. English Language 3. Office Management
3	Jeet Bdr B.K.	PPS both legs	Jeet Bdr is a 23 years old male from Jhapa. He has a weakness on both legs Due to high fever at the age of 2 years. He had a problem of athorpy on both legs, deformity on both ankles; he had weakness in muscle power as well as difficult to walk.	He got different kinds of exercise like strengthening exercise, stretching exercise, balance exercise, & walking training. He had improved muscle power, decreased in deformity and was able to walk comfortable with the help of crutches.	1. Computer 2. English Language 3. Office Management
4	Aash kumar Tamang	PBC (Lt) Below knee amputation	He is a 21 years old from Sankhuwashowa District. He had a history of fire burn at the age of six months. This caused he lost his (Lt) ankle joint. Then his (Lt) leg became infection. That's why he cut his (Lt) below knee. He went into depression because of this caused. He had a problem of weakness in muscle power on (Lt) leg, (Lt) leg athorpy than (Rt) leg. He could not walk properly.	After involving in physiotherapy he understood about importance of physiotherapy. In this 6 months section he had got lot of improvement on his legs. Centre provided Prosthesis (Artificial leg) to him. Now he can walk Easily with prosthesis. He is very much glad to have this opportunity.	1. Art & Clay 2. Weaving 3. Chalk & Candle
5	Mana Raj Rai	B/L CTEV	Mana Raj is a 18 years old male from Okhuldhunga. He has case of by birth club foot. He had problems on inward bending ankle, weakness in muscle power in both ankles. He could not stand & walk properly.	After this therapy little bit decrease deformity, He had surgical correction of (Rt) foot. Now he is on plaster for correction & maintains deformity also doing physiotherapy regularly.	1) Chalk & candle 2) weaving 3) Painting
6	Ambika Kuikel	Kyphoscoliosis on spine	Ambika is a 23 years from Makwanpur District. She had a problem of spinal deformity & poison chest due to this problem her outer posture looks bad as well as respiration problem.	After 6 months of physiotherapy her spinal deformity is little bit corrected.	1)Computer 2) Office Management 3) English Language

7	Khom kumari Neupane	PPS both legs	Khom kumari is 21 years old from Sinduly District. At the age of 4 she got high fever which affected both of her legs. Her main problem were muscle power weakness in both legs, athorpy on both legs more in right leg as compared to left leg, no balance of body, tightness in right knee & ankle joint. She used to walk with help of caliper facing difficulties.	In 6 months of physiotherapy she performed various kinds of activities which showed a lot of improvement like increased muscle strength, decrease deformity , control athorpy on both legs, improved body balance. Now she can walk easily.	1) Computer 2) Painting 3) English Language
8	Anju Baral	Spinal cord injury	Anju Baral is a girl of 19 years old from Taprang. This is the case of spinal cord injury due to fell down from the tree at the age of 17. Which affected both of her leg was paralyzed. She had weakness in muscle power on both legs; she had no trunk balance, so that she could not sit properly. She had no control in bowl & bladder & sensation problem in both legs.	She performed different kinds of therapeutic exercise. After 6 months of physiotherapy she has progress a lot such as increase muscle strength, was able to control her body balance, She was able to walk with the help of caliper & walker, control bowl & bladder.	1)Computer 2) English Language 3) Vocal music
9	Laxmi Kunwar	Spinal cord injury	Laxmi Kunwar is a girl of 19 years old from Gulmi. She had a history of felt down from the tree which affected both of her leg were paralyzed. She had weakness of muscle power in both legs, She had no trunk balance, so that she could not sit & stand properly. She had no control in bowl & bladder. As well as Sensation problem in both legs.	She performed different kinds of Therapeutic exercise. After 6 months of physiotherapy she has progress a lot such as increase muscle strength, was able to control her body balance, She was able to walk with the help of caliper & walker, control bowl & bladder.	1) Computer 2) English Language 3) Vocal Music
10	Bhim Bdr Kushmi	PPS both legs	Bhim Bdr is the 27 year old from Kailai District. His main problem was stiffness of the both knee, He had weakness of muscle power on both legs, tightness on both ankle joint, Left leg were shorter than Right. And his body structure became bad as well as inward bending of both hands. He used wheel chair to move.	Doing 6 months of period he was taught strengthening exercise, stretching exercise, ROM exercise. Which showed increase muscle strength, Improved ROM, & he was able move comfortably on the wheel chair.	1) Computer 2) English 3) Office Management
11	Bhima khatiwada	Kyphoscoliosis on spine	Bhima Khatiwata is a girl of 21 years old from Morong District. Her main problem was of spinal deformity. Her left leg shorter than right one. So she got unnecessary portion coming out on her back.	After 6 months of therapy she showed a slight correction of deformity.	1) Computer 2) English 3) Office Management
12	Sita Chhetri	PPS (Rt) leg	Sita chhetri is a 20 years old female. She had a weakness on (Rt) leg. Due to high fever at the age of 6 years. She had athorpy on (Rt) leg, right leg is shorter than left leg, tightness on right knee joint,	In 6 months she performed a lot of activities like, balance exercise, play therapy, muscle strengthening exercise, stretching exercise, After 6 months of therapy she had improved a lot like increase muscle strength, control athorpy on right leg & was able to balance her body. She was able to walk using a KAFO(Caliper) Which equalized her legs & could walk easily. So, she would like to thanks Shashi Kala Madam.	1) Computer 2) English 3) Office Management

13	Sushila Subedi	Post infection weak muscle & facial parasis	Sushila is a 27 years old female from Dhading District. She had a main problem is facial paralyzed & Second one was infection of left leg. Her left leg was weakness, athorpy on left leg. She could not walk properly for long time.	In 6 months she had performed different types of therapy. After therapy exercise he had improved muscle strength & decrease tightness. She had improved tremendous change her right leg & face. After 6 months she can walk easily with out pain.	1) Computer 2) English Language 3) Knitting
14	Kusmawati Kewet	PPS (Lt) leg	Kusmawati is a 24 years old female from Nagarparaci District. She had a problem of weakness of muscle power on left leg. She had deformity on (Lt) knee joint & spinal cord (back side). She could not stand properly. She walked with the help of crutches.	She took different exercise in physiotherapy room. In 6 months of this training she had progressed a lot. Now she can walk comfortable with two crutches.	1) Computer 2) English Language 3) Knitting
15	Luna Kamal	PPS (Lt) Leg	Luna Kamal is 22 years old from Tanau. Her main problem was weakness of left leg, tightness on left hip & knee joint, athorpy on left leg, left leg shorter than right leg, She could not straight her (Lt) leg properly & difficult to walk on stairs.	After 6 month of therapy she preformed different kinds of exercise like play therapy, stretching exercise, strengthening exercise & walking training. After 6 months of physiotherapy she had improved a lot such as increase muscle strength, control athorpy on (Lt) leg, Decrease tightness on (Lt) hip & knee. Now she can easily walk on stair.	1) Computer 2) English 3) Office Management
16	Prakati Bhattari	C.P. (Spastic Quadriparasis)	Prakati is a 22 years from Sanapa. She had a problem of weakness on muscle power on whole body, She had not body balance, Tightness on hip, knee & Ankle joint, She used to wheel chair to move.	After 6 months of Physiotherapy She took many exercise. After that She had progressed a lot like increase muscle strength, decrease Tightness, Improve body balance & easily to move with wheel chair. She was attending in therapy room regularly.	1) Computer 3) Office Management
17	Anjana K.C.	Osteogenesis Imperfecta	Anjana is a 19 years female. She had a main problem of weakness on all bones Thus she had also another kinds of problem like in warred bending of both elbow joint, difficult to breath, unnecessary increase her stomach, weakness of muscle power on whole body, could not trunk balance & difficult to move with wheel chair.	During this 6 month she was involved in physiotherapy section. After therapy she had progressed a lot. Such as decrease deformity, Increase muscle strength. Now she can move with wheel chair without difficulty.	1) Computer 2) English 3) Office Management
18	Jay Bdr Karki	Spinal Cord Injury	Jay Bdr Karki is 19 years old male from Sinduli District. He had a history of felt down from the tree at the age of 15. He had a weakness & senseless on legs, No trunk balance, & he used wheel chair to move.	In these Six months of exercise he had changed in his activities. Now he can move comfortably with the help of wheel chair.	1) Knitting 2) Chalk & candle 3) Vocal
19	Payush Brajcharya	C.P. (Spastic Quadriparasis)	Payush Brajcharya is a 23 years old from Lalitpur District. His main problem was weakness in muscle power & tightness in whole body, He could not walk & stand properly as well as difficult to catch things.	Within six months of period he took many of activities such as game therapy, stretching exercise, strengthening exercise, balance exercise etc. By doing this exercise he improved in muscle strength, body balance, decrease tightness on whole body & easily to catch things.	1) Art & Clay 2) Painting 3) Chalk & Candle

20	Bishnu prs Adhikari	Paraplegia	Bishnu prs is a 21 years old from Ghorkha District. He had a problem of weakness on both legs as well as could not control urine, could not trunk balance, He walked with the help of crutches.	He was doing different kinds of exercise. By this exercise he able to walk.	1)Computer 2)English
21	Makwana Tamang	Blind & Pot Belly	Makwana is a 8 years old female from Ramachap District. She is a Blind girl. When she enter this physiotherapy room at first time she look likes pot belly, athorpy on both hand & legs, She can't control her head & trunk balance. She could not stand & sit properly.	In 6 months of training she did different kinds of physiotherapy. Now she had a good finger & controlled her body balance.	1) Early Intervention Course
22	Durga parajuly	Spina Bifida	Durga parajuly is a 18 years famale from Kathmandu. She had a problem on (Rt) leg. She had weakness & tightness on (Rt) leg, She could not control her urain, (Rt) leg shorter than left. She had difficult to walk.	She delivered different types of exercise which help her in Daily activities easily.	1) Computer 2) English 3) Office Management
23	Dutha Bdr Jirel	JRA	Duttha Bdr is 30 Years male from Dolakha District. He had a problem of muscle power weakness on whole body, deformity on both hands & legs, He could not catch heavy things, used to walk on sitting position. Also he has a problem on his both eyes.	After exercise, he had decrease tightness & deformity.	1) Knitting 2) painting 3) Art & Clay
24	Sabina Neupane	B/L CTEV	Sabina Neupane is a 26 years old female from Shangja District. She had a problem of tightness & deformity on ankle, athorpy & weakness in muscle power in both legs.	For 6 months of Physiotherapy She had performed various kinds of exercise such as ROM exercise, strengthening exercise, stretching exercise. She has slight correction her deformity& increases her muscle strength.	1) Knitting 2) Weaving

Expenses:

Income			Expenses		
s/n.	Particulars	Amount	s/n	Particulars	Amount
1	Previous Balance 2006	170,411.35		<u>Jan - Jun 2007 Period</u>	
2	Vera Foundation	625,000.00	1	<i>Provided Asst. Devices to</i>	
				Gyanendra Shrestha	7,000.00
				Gun Laximi Thapa	2,000.00
				Krishan B. Thapa	4,000.00
				Jamuna Poudel	8,000.00
				Man B. Buda	4,000.00
			2	Jyoti Medicine and Cancer Therapy	4,350.00
			3	<i>Operations to</i>	
				Ram Prashad Adikari	96,279.83
				Rajubir	65,951.77
			4	Students Check up	5,500.00
			5	Salary	76,063.68
			6	Equipments	5,440.00
			7	Contingency	3,650.00
				Sub-Total	282,235.28
				<u>Jul - Dec 2007 Period</u>	
			1	<i>Provided Asst. Devices and Treatment to</i>	
				Gun Laximi Thapa	1,900.00
				Ram Prashad Adikari	13,245.00
			2	Students Check up	2,360.00
			3	Short Treatments to Students	8,684.13
			4	Salary	88,738.60
			5	Contingency	1,284.00
				Sub-Total	116,211.73
	Total	795,411.35		Total	398,447.01
				Remaining Balance	<u>396,964.34</u>

Note: Sabina Naupane did not intrest to do operationa because of her small children.

Purpose Budget for the Year 2008:

S.N	Name of Students	Age/ Sex	Diagnosis	Check up fee	Surgery Cost	Orthosis Cost	Others
Expenses for Jan to Jun 2008							
1	Kalpana Bhujel	22/F	PBC (Lt) leg & (Rt) hand: need Boid Prosthesis	260.00		6,000.00	
2	Phul Kumari Limbhu	23/F	PPS both legs, need KFO	260.00		5,000.00	
3	Shankar Bdr Bogati	19/M	Post traumatic amputation all toes	260.00			
4	Ram Chandra Mukhiya	20/M	C.P. (Monoplegia)	260.00			
5	Dharma Raj Joshi	27/ M	PPS left leg	260.00			
6	Janak Ghimire	21/M	Unilater Club Foot, need AFO	260.00	90,000.00	5,000.00	
7	Ram Chandra Bhujel	30/M	Perneial muscular athorpy, need walker	260.00		4,000.00	
8	Chankha Bhujel	27/M	Perneial muscular athorpy	260.00			
9	Puja Shrestha	26/F	Spastic Diplegia	260.00			
10	Ganesh Prasad Dulal	27/M	Muscular Dystrophy	260.00			
11	Sukra Bdr Pakhrin	19/M	B/L CTEV, need AFO	260.00	149,000.00	5,000.00	
12	Sunder Shrestha	22/M	Hemiplegia	260.00			
13	Nisha Rai	22/F	Elephant feet	260.00			
14	Dil Kumari Rai	35/F	Post infective amputation above knee; need Artificial leg	260.00		10,000.00	
15	Dip kala Rai	28/F	PPS both legs, need KAFO	260.00		6,000.00	
16	Joti Thapa	25/F	regular drying cost	260.00			2,000.00
17	Sushama Maharjan	6/F	ear problem, need hear phone	260.00		4,000.00	
18	Mannu Gautum	7/M	need ear operation and hear phone	260.00		4,000.00	
19	Sujina Gole	21/F	ear problem, need hear phone	260.00		4,000.00	
20	9 low vision children:- Furnima Sherpa, Manisha Rai, Inu Shrestha, Milan Tamang, Sherap Shrepa, Siddhanta Neupane, Makwana Tamang, Smarika Pandey and Shyam Lal Dhungana		low vision; eye glass	2,340.00		9,000.00	
21	3 low vision students:- Prakash Pokhrel, Sudan Pandit, Keshari Lama		low vision; eye glass	780.00		3,000.00	
				8,060.00	239,000.00	65,000.00	2,000.00
Total							314,060.00
Expenses for Jul - Dec 2008: Name will send after the admission of 2 session group. And Tentative Budget							300,000.00

Other Expenses		
22	Physiotharapish salary	112,000.00
23	Asst. Physiotharapish salary	70,000.00
24	Furniture	12,000.00
25	General Medicine	45,000.00
26	General Medical Equipments	35,000.00
27	Contingency	44,403.00
	Grand Total for the year 2008	932,463.00
	Remaining Amount from 2007	396,964.34
	Need Budget for 2008	535,498.68

Note: In this year 2008, we also include treatment of visually impaired and deaf students.

Centre's Activities in 2007

1. Computer Training

Six month computer course equips the students with knowledge on both the basic hardware and software packages. We give additional training for visually impaired students in JAWs, Zoom text and Braille display on the computer. The students get valuable computer and office skills during this training.

We conducted two training sessions. In the first training session (Jan-Jun 2007), we had 28 visually impaired, 22 disabled and 3 poor. Similarly, in the second session (Jul-Dec 2007) we had 34 visually impaired, 20 disabled and 2 poor. We found more visually impaired students in the second session.

They all can do desktop, mathematical, database, email & internet in computer. Instead of this, disabled and poor students were also able to do graphic & designing work.

2. English language

In Nepal, English is the first language in commerce and industry. English course aims to develop our students' written and oral skills. We also help to build up the students' self confidence by organizing different competitions, like essay writing and speech contests.

In total, we had 28 visually impaired, 26 disabled and 5 poor in this year 2007. Among 28 visually impaired, 75% and 25% were blind and low vision respectively.

It was not compulsory to take English language training for students who are enrolling in computer training. But most of the students selected English Language as a supportive training. Result shows that all they performed excellent in training (altogether 47 students scored 'A')

grade). Significantly, we found that most of excellent students in English language are involving in teaching professional.

3. Office Management & Secretary Training

Most office work can be done by the blind and disabled. With this in mind we have developed our office management & secretary training. In this course our students are trained in software knowledge, correspondence, accountancy, and general communication skills.

We had 55 students (visually impaired 29, disabled 19 and 7 poor). Among the visually impaired 18, 11 were completely blind and low vision respectively.

28 students scored excellent 'A' grade. And we found all the students improved their working altitude and personalities after training. Successful students can do basic accountancy work, daily work and corresponding of office.

4. Chalk & Candle Making Training

Chalk and candle making is a popular course at TSDCBD. It is an easy process which can be done by the blind and disabled alike. The constant demand for candles and chalk in the rural areas and the relative low cost of this process provide an easy opportunity to start a small business and earn a decent income.

In total, this year we had 43 visually impaired (33 blind, 10 low vision), 18 disabled and 3 poor. According to project application, 5 visually impaired students were less as per targeted, but 12 more disabled students enrolled. Trained students can able to work individually in workshop.

5. Art and Clay Work

In art and clay work class, students are taught to express themselves by using clay. The artists specialize in art sculptures as well as more traditional work like Buddha statues, vases, plant pots, tiles, etc. We also teach to students about the different materials, tools, how to bake the products and its marketing.

Total 47 (32 visually impaired, 11 disabled and 4 poor) students enrolled in Art and Clay work. In first session, we had 24 students (15 visually impaired 7 physical disabled and 2 poor). Similarly in second session we had 23 (17 visually impaired, 4 disabled and 2 poor).

6. Music

Music is the popular training in among visually impaired people. In six months they get vocal training followed an instrument of their choice. In the last month they have to organizing a musical program or concert. With these skills they can join or form a band and play at weddings, anniversaries etc.

We succeed to take 71 (56 visually impaired, 13 disabled and 2 poor). As per 2007 enrolled students number, we increased the target number in the project application form 2008 i.e. 72 students in Music Training in the year 2008.

7. Knitting

Knitting can be done by the blind and disabled and demand for woolen products is secured due to the cold winters. With a small investment, often with our help, they are able to buy a knitting machine and start their own business. It is also quite easy for a trained knitter to find employment in a factory.

As per our project application 2007, targeted number was 23 students (15 visually impaired 5 disabled and 3 poor). We had 47 students in this session. Among 47, 24 were visually impaired, 19 were disabled and 4 were poor. This shows that we had more students than target in 2007.

8. Weaving

Kirtipur, the part of Kathmandu where our training centre is located, is traditionally known for its weaving culture. We continue this tradition weaving training.

All 61 students completed successfully. Successful students could use instrument related work, like to bobbin banding, ball making instrument and weaving machine. And also can make floor mate, table mate etc. After three months of training they started to make tablecloths, mats and clothing under the supervision of a trainer. After training, they are able to produce saleable items.

9. Early Intervention Course

Blind and handicapped children often have hard lives due to their parents' attitude and local community's ignorance. In early intervention course, children are taught how to deal with daily activities. The parents receive information on their child's disability and the children enter a three year program at our centre. In this period they learn; Braille, talking, writing, and practical things to help them in their daily lives. We teach them basic things like how to move around with a stick, how to eat, to dress etc. Also we teach them how to speak, write and read Braille.

Target group is children with visually impaired children between the ages of 2-6 years.

In 2007, we had 21 children in Early Intervention Course. Among them 19 were visually impaired and 2 were deaf. Target numbers for year 2007 as per project application were 20 visually impaired children.

4 visually impaired children are studying in outside school after early intervention course. Mohen (blind) and Shyam (low vision) are studying in grade 4. Similarly Sabriti (blind) and Manuka (low vision) are studying in 3 and 2 class respectively.

10. Internship Occupational Rehabilitation

During the training we come to know our students. Some are able to get a paid job straight after the training. The remainder is not immediately ready to use the skills learnt at the center due to various circumstances and needs some extra help. We provide needed help in our IOR program. In this program students will be followed and will get extra help in the first crucial months after the training. We provide help in the form of capital or goods. Some of our students, provided with knitting or weaving machine. Others get a small amount of money to buy the materials to start candle making.

In this program we buy the products from (ex) students. We do a quality check and pay them a fixed price for their product. Depending in the needs of the students we do this for 3 to 12 months. By providing this service, ex-students had income security for a certain period after the training. After this period they have developed their skills sufficiently and be able to stand on their own feed.

As per stated in project application 2007, targets was 30 (22 visually impaired students, 6 disabled & deaf and 2 poor). In this year, we had 34 students (23 visually impaired and 11 physical). In total there were 22 IOR's group from IOR-A to IOR-V and number of students were 49 (26 visually impaired, 21 physical and 2 poor).

Result in Summary:

Especially we are pound to write in report that number of applicants is significantly higher in this project year 2007. This is because of good impact of the centre activities on the target population. It was estimated that only we could successful to enrolled approximately 70% out of total applicants in trainings. These estimates reflect that more and more target would like to enroll in our training program.

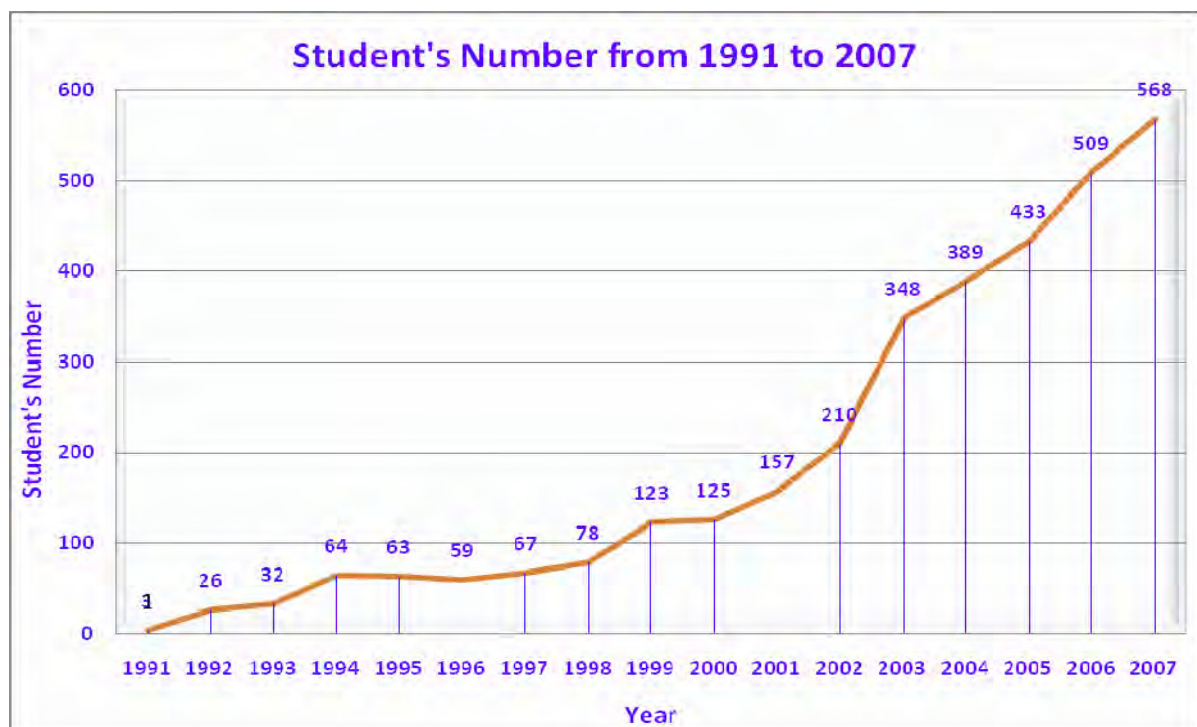
We found the result which shows that target population was more energetically and activity participated in centre's trainings program. This is the positive impact of the training. We developed our training curriculum in this way that all the participators were energetically and activity participated in their full training period. And definitely they score good result. In computer training, among the participants, > 80% got 'A' grade. When we see other vocational trainings, 99% out of participants were successful.

Projects impact to target group also reveal through Local and National Newspaper. In this year 2007, we had good experience that many newspapers interested to coverage our activities news. They highlight activities and impact on target population.

Participation of target group: Our centre target group is Blind, Physical Disabled, Deaf, Slow Learner, Disadvantage and their community. As per our estimated result, we found good participation of target groups and their family members and communities.

Target group and their parents (from different part of country) participated in the project in the time of application procedure. After the completion of selection procedure, they are continuously participated in training program. In between the time period, parent also participated in the student's activities/program. TSDCBD also conducted meeting several time with target group, their parent and community personal.

Following is the student's number from 1991 to 2007.



Technical & Skill Development Centre for Blind & Disabled

Number of Students from 1991 to 2007

Programs	1991	1992	1993	1994	1995	1996	1997	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	Total	
Computer Training	3	12	10	25	22	30	32	36	43	48	58	72	80	97	98	110	109	885	
English Language	0	12	17	32	35	24	24	30	41	40	30	44	60	60	53	53	59	614	
Office Management & Secretary	0	0	0	0	0	0	8	10	23	15	34	38	41	45	48	49	55	366	
Chalk and Candle Making	0	2	5	7	6	5	3	2	6	14	26	27	61	44	54	42	64	368	
Arts & Clay Work	0	0	0	0	0	0	0	0	10	8	9	21	35	37	42	45	47	254	
Music	0	0	0	0	0	0	0	0	0	0	0	0	32	49	31	77	71	260	
Knitting	0	0	0	0	0	0	0	0	0	0	0	0	0	0	28	36	47	111	
Weaving	0	0	0	0	0	0	0	0	0	0	0	8	35	49	53	53	61	259	
Early Intervention Course	0	0	0	0	0	0	0	0	0	0	0	0	4	8	13	18	21	64	
Internship Occupational Rehab.	0	0	0	0	0	0	0	0	0	0	0	0	0	0	13	26	34	73	
Sub Total	3	26	32	64	63	59	67	78	123	125	157	210	348	389	433	509	568	3254	
Other activities																			
Vera Health Unit	1	1	1	1	1	1	1	1	1	5	7	28	116	123	128	98	109	614	
Sign Language	-	-	-	-	-	-	-	-	-	-	-	-	8	9	6	7	11	17	
Braille Script Training	-	-	-	-	-	-	-	-	-	-	-	-	6	16	13	16	12	22	
Mobility Training for VIP	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	28	36	-	
Follow up in Education	11	16	15	18	20	10	10	10	10	7	2	3	6	6	6	6	4	160	
Orientation Training	-	-	2	10	10	1	1	2	3	2	2	6	3	0	4	2	2	50	
Literacy Program	-	-	-	-	-	-	15	0	0	0	0	0	0	0	0	0	0	15	
Multiple Disabled Program	-	-	-	-	-	-	2	3	0	0	0	0	0	0	0	0	0	5	
Home Based Handicraft	-	-	-	-	-	-	-	11	21	22	1	1	1	3	4	0	0	64	
Tarakeshwar School	-	-	-	-	-	-	-	-	-	164	0	0	0	0	0	0	0	164	
Benefitted blind students, Lab. Secondary School, Kritipur	-	-	-	-	-	-	-	-	-	-	-	44	0	0	0	0	0	44	
Embroidery	-	-	-	-	-	-	-	-	-	-	-	4	0	0	0	0	0	4	

In this year 2007, total number of students was 568 (project wise) and we had net total students number was 215. 63% students were visually impaired (45% complete blind and 18% low vision). Male and Female ration was 54% and 46% respectively.

Student's family member and community participation in this year was impressive. Several time students' family members came for advice for their children about future need. We conducted number of meeting with student's family member in individually and in group. As in year 2007, this year also we had lot of visitor from community, family member other relate field organization.

Statistics 2007:

Student's Number 2007

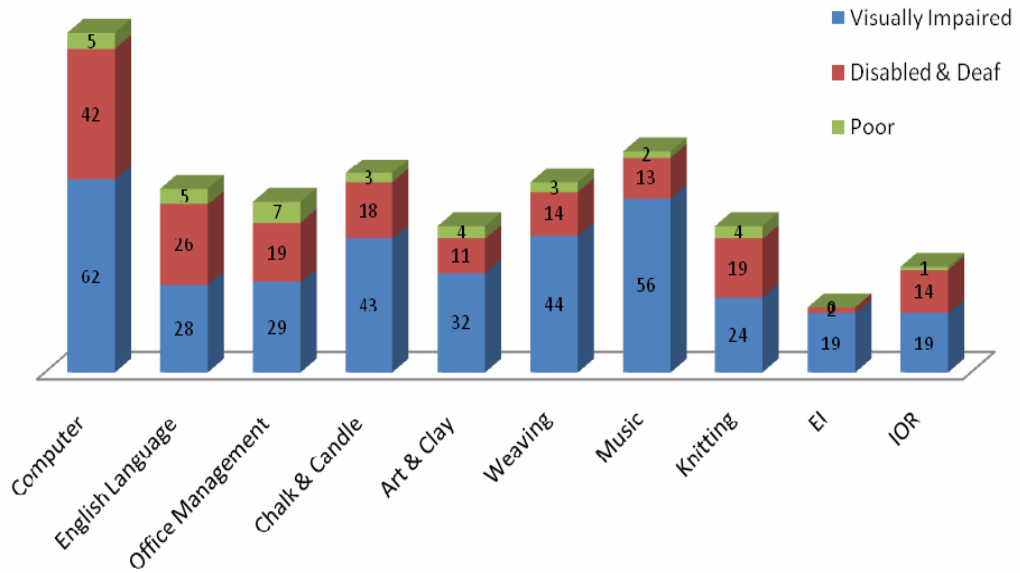
S/N	Name of Projects	Jan-Jun 2007					Jul-Dec 2007					Total
		No. of Stud.	Visually Impaired		Disabled & Deaf	Poor	No. of Stud.	Visually Impaired		Disabled & Deaf	Poor	
			Blind	Low Vision			Blind	Low Vision				
1	Computer	53	21	7	22	3	56	25	9	20	2	109
2	English Language	30	11	3	14	2	29	10	4	12	3	59
3	Office Management	27	9	6	9	3	28	9	5	10	4	55
4	Chalk & Candle	30	15	4	10	1	34	18	6	8	2	64
5	Art & Clay	24	12	3	7	2	23	15	2	4	2	47
6	Weaving	30	16	4	8	2	31	18	6	6	1	61
7	Music	39	27	6	5	1	32	16	7	8	1	71
8	Knitting	24	7	6	9	2	23	8	3	10	2	47
9	EI**	21	6	13	2	0	—	—	—	—	—	21
10	IOR**/**	34	12	7	14	1	—	—	—	—	—	34
Students Number		312	136	59	100	17	311	119	42	78	17	568
Net benefited students		132					138					215
Male		56%					53%					54%
Female		44%					47%					46%
Other Activities												
11	Medical Help Unit	56	0	14	42	0	53	0	12	41	0	109
12	Help through Liliane Foundat ⁿ	8	2	3	3	0	8	2	3	3	0	16
13	Sign Language	7	0	0	7	0	4	0	0	4	0	11
14	Braille Training	8	8	0	0	0	4	4	0	0	0	12
15	Mobility Training	12	8	2	2*	0	24	18	4	2	6*	36
16	Follow up in Education	2	0	0	2	0	2	0	0	2	0	4
17	Home Based Handicraft	2	1	0	1	0	2	1	0	1	0	4

* Mobility training for the centre's teachers

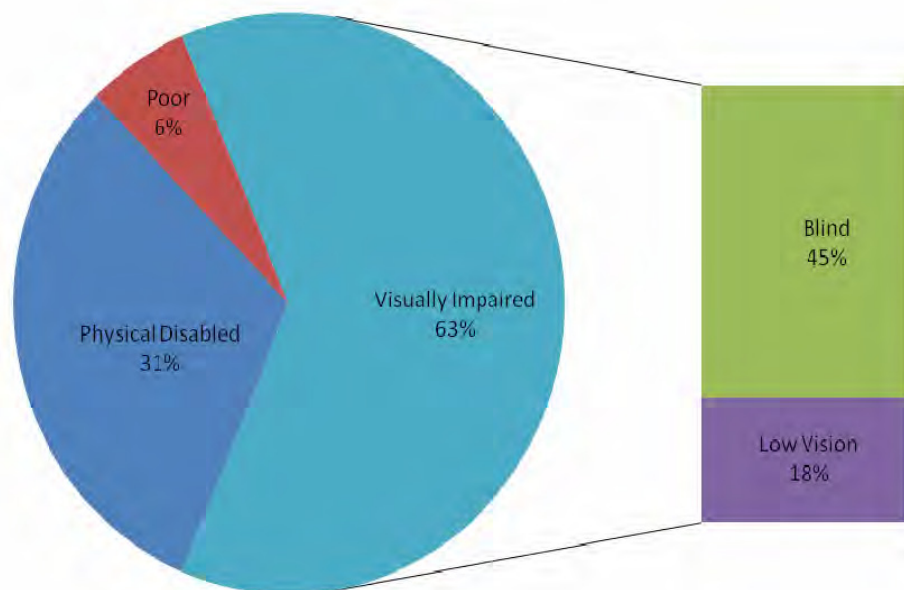
** Early Intervention Course and Internship Occupational Rehabilitation are yearly projects so students were same. Therefore in total Net Benefit Students, we minute the students number accordingly.

*** Among 34 students, 10 students of chalk and candle created their own group in Nawalparashi, western region.

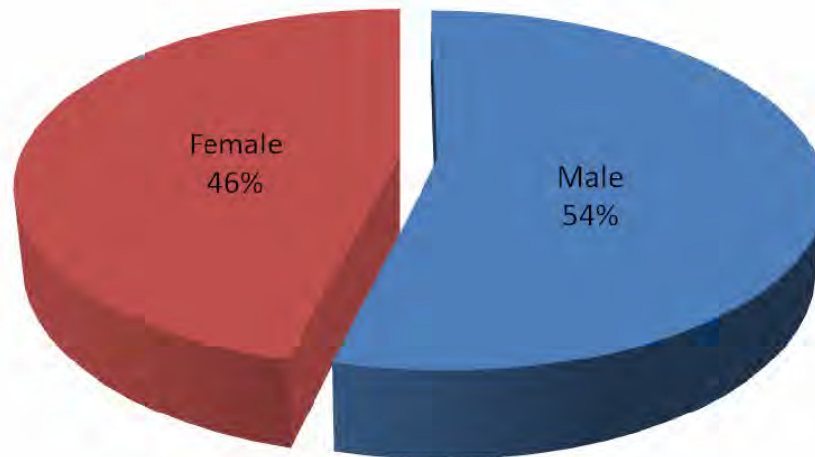
Student's Number in Different Trainings 2007



Students of 2007



Male and Female Student's Ration in 2007



Other Trainings:

Other supportive Activities

11. Sign Language

Some of our deaf students don't know sign language. We give training to them at the centre. In this session we had 11 students in sign language course.

12. Braille Training

This is the supportive training for visually impaired students who don't know Braille language. We give training to them at the centre. We had 12 students and they all completed successfully.

13. Mobility training for the visually impaired

Some of our visually impaired students are not experienced in walking around their house and walking at all. We train them to be able to move around themselves.

We had total 28 students and 8 teachers involved in this training program. As per requirement, teachers also trained in mobility course. From previous year, we are giving this training to our teachers also.

14. Educational help to children

Some of the children of our students, due to the handicap of their parents, need some extra help to go to school. We help them financially or otherwise to follow a normal school.

We arranged follow-up education to Meena Chaudhari and Prava Mararjan.

Meena Chaudhari from low cast family (very poor) burned both legs and could not walk. After treatment through health unit, she is walk as normal person. Now she is studding grad nine. Prava Mararjan is the daughter of a blind couple and studding in grade three. Son of the blind, Bishnu gets once year financial support for books.

15. Lilliyane Support to Differently able people

From support of Lilliyane Foundation, nl, we are able to support 8 differently able people. We give education support to 4 visully impaired children. Among 8, three are physical disabled. They got one time help and now are sustain economically.

About 137, 65 and 13 household of visually impaired, disabled and disadvantage were aware and relies about blind and disabled have potential ability to do work and able to get trainings. They awarded differently able people as capable as normal people and they are part of society. They also knew the fact that separating these people cannot think of entire development of any sectors of country.

Mrs. Sitara Maharjan (computer teacher) got training **“Training of Trainers: Disability Equality Training (DET) from 19 to 23 November 2007 in KualaLumper, Malaysia**, Organized by Department of Social Welfare Malaysia and Japan International Cooperation agency (JICA).

Ms. Retina Shakya participated in 10 day **Primary Rehabilitation Therapy (PRT) Refresher Training** conducted by Hospital and Rehabilitation Centre for Disabled Children (HRDC), Kavre from November 26 to December 6, 2007.

Similarly, short time orientation class ‘teaching method, problem analysis during teaching’ conducted for centre teacher from 15th to 22nd April 2007 organized by TSDCBD.

Instead of this, in this year, TSDCBD conducted training **‘Teaching Techniques for Visually Impaired Persons’** for the different school’s Bhutanese teachers of Bhutanese Refugee Camp from 1st August to 16th September 2007. Trainees were 11 and successfully completed their training.



Computer Training



English and Office Management Training



Early Intervention Course for Visually Impaired Children



Painting Work



Art and Clay Work enhance thinking ability of slow learner students



Candle Making



Chalk Making



New IOR group, TSDCBD provide them dyes, waxes and other materials



Mr. Nirmal (ex-student) is running computer training centre in his home.



With the help of IOR unit, TSDCBD, Mr. Bhagi Ram open shop of handicraft materials made of blind and disabled.



Knitting Training for Visually Impaired Students



Weaving Class



Music Training



Certificate Distribution



Jul-Dec 07 Session



Standard Chartered Bank donate Knitting Machines



TSDCBD's products in Standard Chartered Bank



Quiz Contest program



Walkathon Program



Visitors